

Advancing Safe Infant Sleep: Cultural Context, Prevention Strategies, and Clinical Opportunities
Live Online Content: April 30, 2026

Start time: 11:00 End Time: 12:00pm CST

Attendees: Prior to the start of the activity, please review the below information to ensure successful participation in this Activity

Enduring Material content is available May 1-December 31, 2026

Activity Location: <https://youtu.be/CWEIVLrldyA>

Accreditation and Designation Statements

The American Academy of Pediatrics is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AAP designates this Other (Internet Live and Internet Enduring) Activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity is acceptable for a maximum of 1.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

PAs may claim a maximum of 1.0 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*TM from organizations accredited by the ACCME or a recognized state medical society.

This program is accredited for 1.0 NAPNAP CE contact hours of which 0 hrs contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 hours related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

Purpose of Course

This webinar will explore the cultural, social, and systemic factors that influence infant sleep practices and contribute to sleep-related infant deaths. Participants will review global and national safe sleep recommendations, examine data used to guide prevention efforts, and learn about the Sleep Baby Safely Campaign's evidence-informed messaging. The session will also highlight the role of healthcare professionals, particularly those in emergency and acute care settings, in delivering consistent safe sleep education to caregivers. Through discussion of barriers faced by families and strategies for integrating education into clinical workflows, participants will gain practical approaches to support safer infant sleep practices and reduce preventable infant deaths.

Learning Objectives

After completing this course, you should be able to:

1. Describe cultural influences, caregiver practices, and systemic barriers that affect implementation of safe infant sleep recommendations.
2. Review current evidence-based safe sleep recommendations and global data related to sleep-related infant deaths and prevention strategies.
3. Apply consistent safe sleep messaging and education strategies when counseling caregivers in clinical and community settings.
4. Identify opportunities to integrate safe sleep education and prevention strategies into healthcare settings, including emergency departments and other points of caregiver interaction.

Disclosure of Commercial Support for AAP CME Activities

No commercial support is associated with this CME activity.

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Name	Role	Any Financial Relationships (Please indicate Yes or No)	Name of Ineligible Company* Please list name(s) of entity AND Nature of Financial Relationship(s) (Please list: Research Grant, Speaker's Bureau, Stock/Bonds excluding mutual funds, Consultant, Other - identify)
Patricia Tibbs, MD	Faculty	NO	NONE
Lisa Pace, MD	Planner, Faculty	NO	NONE
Mindy Taylor	Faculty	NO	NONE
Rebecca Albert	Faculty	NO	NONE
Angela Weathersby	Planner	NO	NONE
Ashley Politz, MSW	Planner	NO	NONE
Erika Pufunt	AAP Staff	NO	NONE
Debra Waldron, MD, FAAP	Disclosure COI Reviewer & Mitigator	NO	NONE

Product-Specific Advertising / Links to Product Websites

No product-specific advertising of any type appears in this activity. No links to product websites appear in this activity.

List of Principal Faculty and Credentials

Patricia Tibbs, MD
 Lisa Pace, MD
 Mindy Taylor
 Rebecca Albert
 Debra Waldron, MD, FAAP

Method of Participation, Minimum Performance Level, and Credit Claiming

Learners will participate in the webinar via an internet connection and phone line. Upon completion of the webinar, participants will be asked to complete an evaluation survey. Participants will be able to log onto PediaLink to claim/record their CME credit or print a CME certificate.

Name of Medium or Combination of Media Used

Live webinar course via a computer and internet connection for viewing and a phone line for audio. A webinar recording will be made available as an enduring material online.

Provider Contact Information

If you have questions about this course or encounter technical problems, please contact Erika Pufunt at epufunt@aap.org.

Privacy and Confidentiality Statement

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Claim Credit:

1. Log on to <http://transcript.aap.org> with your Email and Password.
 - a. *Note: If you are already logged into PediaLink (www.pedialink.org), click on the Continuing Education tab then the CME Transcript button to access the transcript site and continue to step 2.*
2. Next to the activity, click the Claim CME or Claim AAP Credit Only link and enter the total number of credits you are claiming, commensurate with the extent of your participation in the activity.
3. Click the Confirm Claiming box to complete claiming process – after you have claimed your credit, you can click the print certificate link or go back to your list of activities.

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